



Canada Disability Benefits

The federal government has finished the regulations for the Canada Disability Benefit. The regulations took effect on May 15, 2025 and eligible people will start receiving their first Canada Disability Benefit cheques in July 2025.

Eligibility Criteria

To receive the benefit, a person must:

- be a resident of Canada for the purposes of the *Income Tax Act*
- have been approved for the Disability Tax Credit
- be between the ages of 18 and 64
- have filed an income tax return with the Canada Revenue Agency for the previous tax year.
- be one of the following:
 - a Canadian citizen
 - a permanent resident
 - a protected person
 - a temporary resident who has lived in Canada for the past 18 months
 - someone who is registered or entitled to be registered under the *Indian Act*

Benefit Calculations

The maximum amount of the benefit for the July 2025 to June 2026 payment period will be \$2,400 (\$200 per month). The amount a person can receive will depend on their income and the income of their spouse or common-law partner, if they have one.

For more details about benefit calculations and the regulations, you can go here: [Summary of the Canada Disability Benefit Regulations](#).

Filing Taxes

To access the Canada Disability Benefit and other benefits, you must file your taxes.

If you need help with filing your taxes, [the Disability Alliance BC Tax AID Program helps people with disabilities living on low incomes with simple income tax filing, and information or referrals. Disability Alliance BC also offers help with applying for Disability Benefits; visit their website Apply for Disability Benefits.](#)

Disability Tax Credit

The Disability Tax Credit (DTC) is one of the requirements to access the Canada Disability Benefit. The process for applying to the DTC consists of two parts. Part B must be completed by a medical practitioner. We encourage you to apply soon since this process can take several weeks to complete.

[Plan Institute](#) has a great website with updates and information about the Canada Disability Benefit. On this website, you can learn about:

- The [basics of the Canada Disability Benefit](#)
- Details about Canada Disability Benefit [eligibility criteria](#)
- Information about the Disability Tax Credit – how to know if you [qualify for Disability Tax Credit](#) and [how to apply](#)
- Helpful [resources](#), including their free [Disability Planning Helpline](#) to connect with an advisor



Government
of Canada

Position Statements and Letter to the Minister of Health

The Community Living Society is a member of Inclusion BC, which is a provincial federation of community organizations who support people with intellectual and developmental disabilities. InclusionBC advocate on behalf of their membership and all people with developmental disabilities to help remove barriers.

In an effort to communicate to those with the power to make structural change, InclusionBC is writing a series of position statements outlining their stance on key issues facing the disability community. Five position statements will be released this this year, along with requests for meetings with Ministers to discuss concerns and calls to action.

The first of these five position statements, focused on access to health and coordinated care. This statement reflected our sector's ongoing concern that people are falling through the cracks of our provincial health care system, and outlined ways that this intolerable situation could be addressed. Both technical and plain language versions of the document are available. A letter was also sent to the Minister or Health Adrian Dix requesting a meeting to discuss our collective concerns.

Read our Position Statement on Access to Health and Coordination of Care for Adults with Intellectual and Developmental Disabilities:

[Technical Version](#)

[Plain Language Version](#)

FILM SCREENING

disABLEd



Bob Prittie Metrotown

Saturday, May 31
4:00pm - 5:00pm

McGill

Wednesday, June 11
6:00pm - 7:00pm

Tommy Douglas

Tuesday, June 17
3:30pm - 4:30pm

To register: go to any BPL location,
call 604-436-5400 or visit
bpl.bc.ca/events.

In celebration of AccessAbility Week (May 25-31), join us for a film screening of “disABLEd”, a compelling documentary directed by Paolo Oliveros and filmed by Jomarie Anaza about redefining disability through art and storytelling.

Led by photographer Lionel Migrino and journalist Sarah Harrower, the film dives into their human experiences and journey. Through Lionel’s stunning portraits and Sarah’s storytelling, everyone’s narrative unfolds, revealing personal strength, resilience, and a unique window into a more personal world of disability in Calgary.

After the screening, interested attendees can stay for a facilitated conversation about the film.

Presented in partnership with the City of Burnaby, the City of Burnaby’s Access Advisory Committee, and Burnaby Public Library.

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